Altered States

It's like the World Cup, with a twist. Which team will emerge victorious?

GROUP A	
Like bills a hostage-taker might want (8)	
bar (hiker's treat) (7)	
Abnormal talkativeness (9)	
Twelve (5,3)	
Don Quixote's love interest (8)	
Metal shackles (6)	
GROUP B	
Suspend, as a meeting (7)	
Tones of a chord played in succession (8)	
Spots in need of road work (8)	
Like canvas bags (8)	
Placed in order (8)	
GROUP C	
Sesame seed paste (6)	
Rooftop antennas (7)	
400 meters, usually (3,3)	
Severe headache (8)	
Car larger than a Sentra but	
smaller than a Maxima (6)	

GROUP D	
New York NHLer (8)	
Instruments for dueling in bars? (6)	
Shopping mall (8)	
Protein building block (5,4)	- <u></u>
Boeing building (6)	
GROUP E	
High-flying circus feats (10)	
Attached via needle and thread (5,2)	
Planetary party? (10)	
Wet weather wear (8)	
More ornate (7)	
Barnum and (6)	
GROUP F	
Sun-Times competitor (7)	
When most NFL games are played (6)	
Unjustified accusation (3,3)	
Military pilot's post (3,4)	
Using a ruler, maybe (9)	
Go to great lengths (4,5)	

GROUP G	
Jesuits' founder of Loyola (8)	
Girl from Granada (8)	
Early humans (12)	
Of the easternmost U.S. national park (7)	
Laundry list (6)	
GROUP H	
Dust-free manufacturing environment (5,4)	
Senior crewman on a ship (9)	
"Appalachian Spring" composer Aaron (7)	
More filling, as a meal (8)	
Babe Ruth or Derek Jeter, e.g. (6)	
Bold and courageous (7)	
GROUP I	
Uncle Fester portrayer Jackie (6)	
Elbow-shaped pasta (8)	
Everest's range (9)	
Moulding along the bottom of a wall (9)	
Flavorful, tenderizing sauce (8)	
GROUP J	
Mrs. Flintstone (5)	
How many soccer matches end (2,1,4)	
Da Vinci work parodied by Duchamp (4,4)	
Giving a helping hand (6)	
Sailor's "yes", to a superior (3,3)	
Grant and Lee, e.g. (8)	

(For a more difficult puzzle, ignore this page.)

